



www.whitneyputnam.com

Whitney Putnam

CHRISTIAN STORY-TELLER,
AUTHOR + SPEAKER

MEDIA KIT

Hi, I'm Whitney!

CHRISTIAN STORY-TELLER

Whitney Putnam is well-respected leader and innovator of biblically-based frameworks for living happier lives.

An executive leader at several global non-profits, Whitney has worked nationally with 1000s of women to build lives of purpose. From emcee to author, Whitney has developed communities and resources to unleash women into lives worthy of God's calling.

Her insights have been featured in influential Christian publications and events like Every Woman's Bible, The Gospel Project and Lumina Women. As a ministry leader she can help Christian women with overcoming grief to living a life of freedom and passion.

She's a mom to three little girls and married to a tall redhead named Michael. They can most often be found dancing in their kitchen and occasionally sprinkling confetti in greeting cards, all while living in Dallas, Texas.



Emcee at Lumina. Featured with Nicole C. Mullen, Lauren McAfee, Ruth Malhotra and Jen Wilkin.



SPEAKING TOPICS

- ✓ **LIVE YOUR HAPPIEST LIFE:** Living a John 10:10 life starts with getting radically honest with your current reality. Whitney walks women through naming their pain and inviting them to a life of freedom, starting with learning to engage God's Word.
- ✓ **THE PATHWAY TO ABUNDANCE:** Whitney reminds women it's their God-given right to a full life, and reveals her signature FULLEST framework to help all attendees begin living it.
- ✓ **CONTACT US FOR PRICING:** Email hello@whitneyputnam.com to see how we can fit into your budget!

AS SEEN IN

**Every Woman's
Bible**

**THE GOSPEL
PROJECT**

**Lumina
Women**

**GLOBAL
LEADERSHIP
NETWORK**

“ Client Testimonials

Whitney is the right leader for a big, happy life. What you see is what you get with this vibrant woman, dedicated to celebrating life in every way.

Lisa Whittle, author + speaker

Real happiness comes from being our truest, most vulnerable selves and finding we are loved and accepted just as we are. Whitney not only wants us be our truest selves, she shows us her truest self—laying a foundation for deep connection and JOY. This is it ladies! This is what you've been looking for—a place where you can find happy with Whitney as your guide.

*Lisa Leonard, author + founder
of Lisa Leonard Designs*

The Fullest Framework

@WHITNEYPPUTNAM

Whitney's signature FULLEST framework equips women with simple rhythms to begin living their happiest life. Each rhythm is deeply connected to scripture, while also maintaining a simplicity to adopt into everyday lifestyles.



FULLEST

F: First, Honesty

U: Uniquely You

L: Laugh Lines

L: Lunge-ish

E: Eating, Feasting + Fasting

S: Spiritual Formation

T: Thankful

The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full.

John 10:10



WHO I WORK WITH

Churches, women's groups, Christian non-profits, and beyond. I can do 1-3 sessions depending on format of event, helping women name their pain and adopting simple rhythms from the FULLEST framework to truly live out a life worthy of God's calling.

WHAT YOU CAN EXPECT

You can expect trademarked work, including Whitney's exclusive disconnection dichotomy and FULLEST framework. Her passion will be contagious across the room and women will leave energized and equipped to live a John 10:10 life, connected to God, themselves and others.



hello@whitneyputnam.com
www.whitneyputnam.co

GET IN TOUCH

Let's connect! Now is the time to unleash women and connect them deeply to God, themselves and one another. I can't wait to serve you and those around you.

Whitney